

Product Code: 01701

Product Name: BUSH'S BEST Low Sodium Garbanzo Beans 111 oz.

1/2c (drained)

Serving Size: 5.04 oz. **Date:** 1/23/2023

Meat Alternate

Description of Creditable Ingredients per FBG	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Beans, Garbanzo or Chickpeas, dry, canned, Whole, Includes USDA Foods, drained beans	5.04 oz	42.00	105.00 oz	2.0160 oz
Total Meat Alternate Credita	2.0160 oz			

Vegetables

Description of Creditable Ingredients per FBG	Vegetable Subgroup	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Beans, Garbanzo or Chickpeas, dry, canned, Whole, Includes USDA Foods, heated, drained vegetable	Beans and Peas (Legumes)	5.04 oz	45.50	110.00 oz	2.0847 1/4 cups
Total Cups Beans and Peas (Legumes):	0.5212 cups				

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a 5.04 oz. ounce serving of the above product (ready for serving) provides 2.00 ounces of equivalent meat/meat alternate, $\frac{1}{2}$ cup(s) of Beans/Peas (Legumes) vegetables when prepared according to directions.

	Regulatory Compliance Manager
Signature	Title
Frank Daniel Vaseekaran	(865)340-4443
Printed Name	Phone Number